PLC ARMIDALE

AWARD OF A SPORT POCKET

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| NAME: |  |
| YEAR: |  |

* Pockets can be awarded as an overall Sports Pocket or for an individual sport
* On the sheet below indicate which of the following criteria you will be using to earn the award of a pocket.
* Remember, no activity can be used to earn points on more than one occasion.
* The Director of Sport will make the final decision on relevant points to be awarded for individual activities.
* The final decision regarding the award of a pocket will remain with the Pocket Committee.
* Supporting evidence must be provided.
* Points must be drawn from all three categories. **P = participation A = achievement C = community** ∙ Should you not have all three (3) categories you will receive the next pocket colour down, i.e. 250 points with no "community" = silver
* **Blue pocket = 100 points, Silver pocket = 150 points, Gold pocket = 250 points**

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| **No.** | **Activity** | **Possible**  **Points** | **Points**  **Awarded** | **Description of Activity** | **Date of Activity** | **Endorsement** |
| 1. P | Member of PLC  sporting teams  (20 points per local team/30 points per PLC rep team competing at IGSSA) |  |  |  |  |  |
| 2. P | Being selected as  Captain of the 1st  sporting team. (There must be more than  one team in the  competition for this to apply). | 20 points |  |  |  |  |
| 3. P | Participation as an individual in a triathlon, fun run or community running event. Must be wearing PLC Armidale uniform while  competing.  (1 point per km i.e. 5km event attracts 5 points) | 100 Maximum |  |  |  |  |

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| 4. A | Selection as a member of a School Pathway Representative team. This means selection into the NCIS or IGSSA representative team. Not a PLC Armidale team competing in the IGSSA competition.  NCIS team = 20 points IGSSA team competing at CIS = 100 points | 20 – 100 |  |  |  |  |
| 5. A | Competing in an  official Equestrian  event for PLC  Armidale and  obtaining an official score of:  55pt = 5 points  65pts = 10 points  75+pts = 20 points |  |  |  |  |  |
| 6. A | Age Champion at a PLC Armidale carnival for swimming, athletics or cross country  (1st = 25, 2nd = 15, 3rd = 10) |  |  |  |  |  |
| 7. A | Earning a place in a team event in an IGSSA Sporting  competition  (1st = 50, 2nd = 40, 3rd = 30, 4th= 20 points) |  |  |  |  |  |
| 8. A | Selection into, and playing in a local or regional representative team or selection into the NIAS programme  (25 points each) | 50 maximum |  |  |  |  |
| 9. A | Earning a place in an individual or team event in a **local**  sporting competition  (1st = 20, 2nd = 15, 3rd = 10, 4th = 5 points) | 50 maximum |  |  |  |  |
| 10. A | Earning a place in an individual event in an IGSSA competition  (1st – 10th place =  50 – 5 points) | 50 maximum |  |  |  |  |

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| 11. A | Earning a place in a team event in the IGSSA competition  representing PLC  Armidale  1st = 50 points;  2nd = 40;  3rd = 30;  4th = 20;  5th = 10;  6th = 5. | 50 maximum |  |  |  |  |
| 12. A | Official recognised  Coaching or Umpiring course completed  during the year.  Completion = 20 points | 20 points max. |  |  |  |  |
| 13. A | New College record  Individual = 20 points  Team = 10 points |  |  |  |  |  |
| 14. A | Place as an individual in a triathlon, fun run or community running  event, greater than 10km. | 1st = 30  2nd = 25  3rd = 20  4th = 15  5th = 10 |  |  |  |  |
| 15. A | Place as a member of a PLC Armidale team competing in a triathlon, fun run or community running event, greater than 10km. | 1st = 20  2nd = 15  3rd = 10  4th = 5 |  |  |  |  |
| 16. C | Service to College as an appointed (unpaid) coach of a PLC Armidale sporting team  (25 points per team however must maintain a 90% attendance at training and games) | 50 points  maximum |  |  |  |  |
| 17. C | Service to the  Community. Voluntary umpiring duties outside of scheduled team  duties.  **Each duty must be listed separately and endorsed by an official on the day, in order to be counted.**  (2 points per game) | 50 points  maximum |  |  |  |  |
| 18. C | Run and organise an event for your sport, e.g. “come and try day” | 20 points per event |  |  |  |  |